Cape Flava

11-Day Discovery Tour - 4–5★ & 5★*

Cape Peninsula, Garden Route, Karoo,
Wineland, Safari and more...

Exclusive 5 Star* Packages Available upon request

Group size:	**Age range**	**Experiences:**	40+
4 - 12	12+	**Destinations:**	11

WHAT'S INCLUDED

- ✔ 10 Nights in Handpicked Luxury Accommodation
- ✔ All Meals – 10 Breakfasts, Lunches & Dinners
- ✔ Vegetarian Options Available
- ✔ All Transfers, Taxes, Gratuities & Entrance Fees
- ✔ Local Wines & Beverages with Meals*
- ✔ 5 Wine Tastings
- ✔ 1-Night Big 5 Safari (5 Star) + Game Drives
- ✔ Whale & Dolphin Watching Boat Trip
- ✔ Knysna Boat Cruise with Oyster Tasting
- ✔ 2 Fine Dining Evening with Wine Pairing
- ✔ Bottled Water & Air-Conditioned Touring Vehicle

EXCLUDES

- ❌ Flights, optional extras, minibar, and additional alcohol.

OPTIONAL ADD-ONS (AVAILABLE ON REQUEST)

Pre-Tour Hotel Stay – Arrive early with a night at the same luxury hotel near the V&A Waterfront.

Post-Tour Extension – Add extra nights at the final hotel to relax or explore further.

Flight Assistance – We can assist with international or domestic flight bookings. Flights are not included.

⭐ **FOOTNOTE**

- Bottled still/sparkling water with lunch & dinner
- *Lunch: 2 drinks | Dinner: 3 drinks (alcoholic or non-alcoholic, set menu)
- No alcohol for under 18s
- Fitness: Leisurely – short walks, vehicle access
- Not suitable for wheelchairs or walking aids

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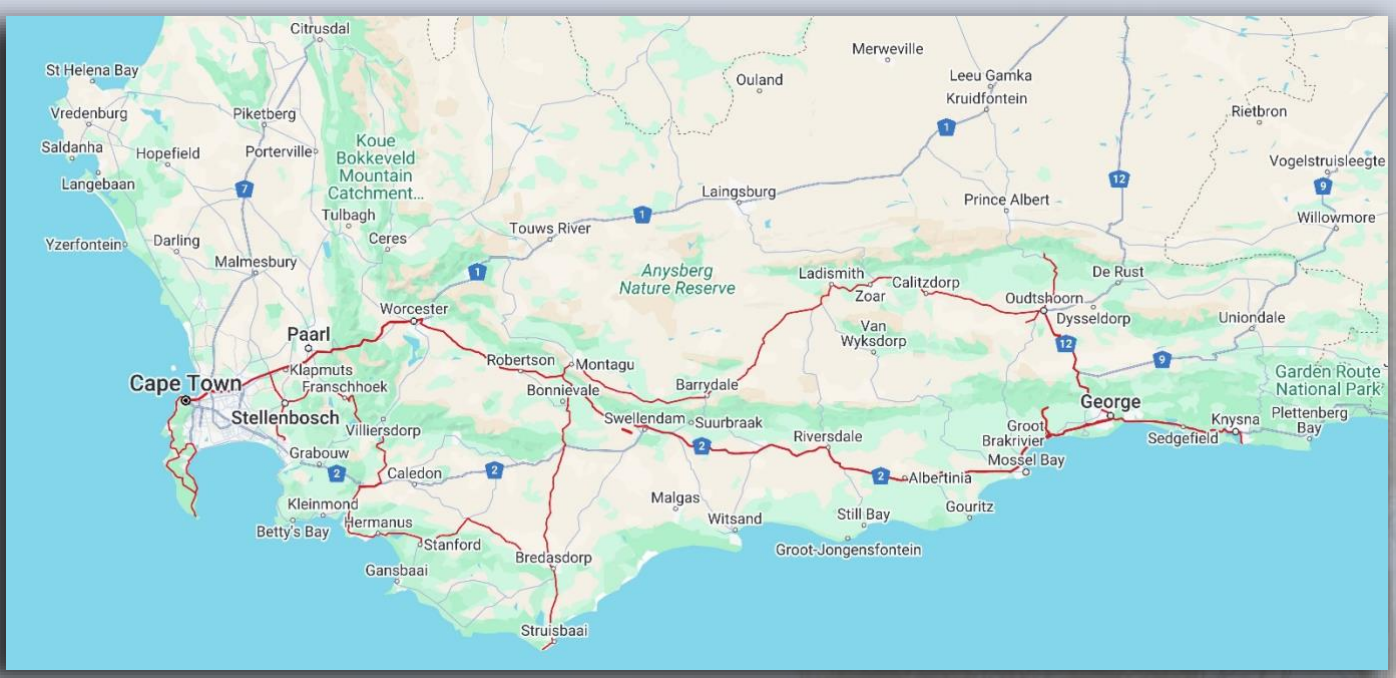

Day 1 – Welcome to Cape Town

"People who love to eat are always the best people." — Julia Child

- **Airport Transfer**

From the moment you arrive in Cape Town, we prioritise your safety, comfort and convenience, ensuring a seamless start to your holiday. We will greet you at the arrival gates and escort you to your hotel where you will get a chance to settle in and rest.

- **Leisure Time at Hotel**

Leisure time at your hotel on Kloof Street, with the option to explore its cafés, boutiques, and lively atmosphere.

- **Bo-Kaap Walking Tour**

Immerse yourself in the rich history and vibrant culture of Cape Town's Bo-Kaap neighbourhood through a leisurely guided walking tour. Renowned for its colourful houses, cobblestone streets, and celebration of the Cape Malay heritage, Bo-Kaap offers a unique glimpse into the city's diverse culture.

- **Welcome Dinner**

Savour a memorable evening enjoying a local traditional dinner. During the meal, we'll share the itinerary for the rest of the tour, leaving you eager to experience all that lies ahead.

- **Four-night stay near the Waterfront**

Enjoy an unforgettable four-night stay in Cape Town, just a short distance from the iconic V&A Waterfront.

Day 2 – Tip to Table

"One cannot think well, love well, sleep well, if one has not dined well." — Virginia Woolf

- **Table Mountain Experience with VIP Fast-Track Access**

We will enjoy an effortless visit to Table Mountain with our VIP Fast-Track Access, allowing us to bypass the regular queues and ascend directly via the Aerial Cableway.

- **Cape Peninsula Tour**

Scenic drive from Table Mountain going past Green Point, Sea Point, Camps Bay, Hout Bay, Kalk Bay, Chapman's Peak Drive, Boulder Beach, Cape Point Nature Reserve and more.

- **Visit Boulders Beach, home to a thriving colony of African penguins**

We then go on to visit Boulders Beach. This picturesque spot is home to a thriving colony of African penguins, offering visitors a unique opportunity to get up close and observe these charming birds in their natural habitat.

- **Lunch at a Local Restaurant**

We will stop at one of the area's esteemed seaside seafood restaurants, where fresh catches and scenic views promise a fun and relaxed time. Here, you'll enjoy Cape Town's famous deep-fried fish and chips — a true local favourite and part of our maritime heritage."

- **Visit Cape Point and the Cape of Good Hope**

Our next stop is Cape Point and the Cape of Good Hope, which are two of South Africa's most iconic landmarks. It offers visitors magnificent views of the Atlantic Ocean and surrounding landscapes, rich history, and diverse ecosystems. When visiting, you can enjoy 360° panoramic views from the Cape Point Lighthouse and see the Cape of Good Hope, the most south-westerly point of Africa.

- **Dinner at Cape Point Vineyard**

Our last stop of the day is Cape Point Vineyards, where we will indulge in a wine tasting accompanied by a delectable cheese and charcuterie platter.

Day 3 – From Cell to City

"A farewell meal is never just about the food; it's about the memories shared before parting ways." – Anon

- **Robben Island Boat Tour**

Begin with a scenic ferry ride across Table Bay, offering stunning views of Cape Town and Table Mountain. On Robben Island, take a guided tour of the island and its historic prison, where Nelson Mandela was once held.

- **Light Lunch – The Company's Garden**

We'll begin our Cape Town city tour with a relaxed light lunch at The Company's Garden Restaurant, set in the historic heart of the city – the perfect starting point for exploring its rich heritage.

- **Cape Town City Tour**

After lunch, we'll begin our walking tour from the Company's Garden, exploring Cape Town's historic heart. Highlights include the Castle of Good Hope, City Hall and the Grand Parade, and the Iziko Slave Lodge Museum.

Following the walk, we'll be collected for a short panoramic drive along Long Street, known for its vibrant culture and iconic architecture.

- **Leisure Time before Dinner**

- **Elegant Fine Dining Experience**

We will indulge in a sumptuous evening where every detail has been thoughtfully curated to delight your senses. Savour exquisite dishes crafted with the finest ingredients; each course paired with wines that elevate every nuance of flavour.

Day 4 – Flora, Foam & Fermentation

"Food is not just fuel; it's an experience, a memory, a connection to others." Anon

- **Rhodes Memorial**

We will make a stop at Rhodes memorial where you will be able to appreciate the beautiful architecture and the stunning panoramic view of the city.

- **Kirstenbosch National Botanical Garden**

We'll explore one of the world's great botanical gardens, set against the eastern slopes of Table Mountain. Wander through diverse plant collections, from fragrant fynbos to towering cycads, and stroll the famous Tree Canopy Walkway for sweeping views of the gardens and mountains.

- **Beer Experience Tour at Newlands Brewery and local lunch**

Our next stop sees us visiting South Africa's oldest brewery where we will delve into the country's rich brewing heritage and savour its diverse beer offerings. Pair your tasting with a rich, full Cape Town sandwich known to the locals as a "Gatsby

- **Groot Contantia, South Africa's Oldest Wine Estate**

We will be visiting Groot Constantia, South Africa's oldest wine estate, which boasts a rich blend of history, architecture, and winemaking excellence. The visit includes a guided cellar tour, a tasting of five wines of your choice, and a souvenir branded wine glass to take home.

- **Casual and Fun Dinner at a funky street food diner**

Urban Playground is a dynamic street food diner situated in Maitland, Cape Town, offering a distinctive and flavourful dining experience.

Day 5 – Vinyards, Villages & Sunset

"Food is symbolic of love when words are inadequate." - Anon

- **Stellenbosch Walking Tour and Leisure Time**

We take a step back in time with a Stellenbosch walking tour that reveals the town's rich history and architectural charm. Wander through oak-lined streets and explore the well-preserved Cape Dutch, Georgian, and Victorian buildings at your own leisure before we set out for Vergenoegd Löw Wine Estate.

- **Vergenoegd Löw Wine Estate Lunch and Wine Tasting**

You will savour a delightful wine tasting and lunch experience at Vergenoegd Löw Wine Estate, known for its Indian runner ducks – a suitable, eco-friendly alternative to using pesticides.

- **Scenic drive from Stellenbosch to Franschhoek**

The route offers rolling hills, vineyards, and quiet country roads framed by mountain views. It's a peaceful drive between two of South Africa's most beloved wine towns.

- **Franschhoek Guided Walking Tour**

A guided walking tour of Franschhoek serves as a delightful way to immerse yourself in the history and culture of this charming village. We will stroll through streets lined with historic beautiful architecture, quaint boutiques, and galleries. Along the way, learn about Franschhoek's unique French Huguenot heritage, visit notable landmarks.

- **Leisure Time in Franschhoek**

Leisure time at your hotel, with the option to explore the town's cafés, boutiques, and lively atmosphere.

- **Fine Dining Experience in Franschhoek**

Experience fine dining in Franschhoek, where contemporary South African cuisine meets world-class wines in an elegant setting overlooking the Franschhoek valley.

- **One-night stay in Franschhoek**

Day 6 – Wine Country to Whale Country

"The only thing I like better than talking about food is eating." — John Walters

- **Scenic drive to Hermanus**

We will start our day with a scenic drive from Franschhoek to Hermanus along Route 45, winding through a mountain pass and passing Theewaterskloof Dam.

- **Whale and Dolphin Watching Boat Trip**

We will hop aboard for an exciting boat ride along the Whale Coast! Spot southern right whales (in season: **June–November**), playful dolphins, and more, with expert commentary from your marine guide. A must-do for ocean lovers and wildlife enthusiasts.

- **Hermanus Old Harbour Walking Tour and Leisure Time**

We will explore the vibrant history and lively atmosphere of Hermanus with a short guided walking tour of the Old Harbour, followed by some leisure time before dinner.

- **Dinner and Wine Pairing in Hermanus**

We will Savour a multi-course dinner paired with exceptional local wines, showcasing the flavours of the Cape in a stylish coastal setting.

- **One Night Stay in Hermanus**

Day 7 – Southernmost Tip & Ostriches

"The only thing I like better than talking about food is eating." — John Walters

- **Scenic drive to Tip of Africa Cape Agulhas**

We will start our day with a scenic drive through open farmland and past the historic town of Bredasdorp on your way to the southernmost tip of Africa.

- **Stand at the Southernmost Tip of Africa Cape Agulhas**

We will take in the rugged beauty where the Indian and Atlantic Oceans meet and mark our place at the edge of the continent – Cape Agulhas.

- **Iconic Route 62 Experience**

We'll journey along the iconic Route 62 – a scenic road through mountain passes, vineyards, and charming towns like Montagu and Barrydale – en route to Oudtshoorn for an overnight stay.

- **Montagu Wines and Cheese Tasting Lunch**

You will enjoy a wine tasting accompanied by an artisanal charcuterie board, boasting locally sourced ingredients, before continuing our journey.

- **Traditional Ostrich Tour**

We will experience the charm of the Traditional Ostrich Farm Tour, where you'll get up close with the world's largest birds at one of Oudtshoorn's oldest working ostrich farms. Learn about the history, farming practices, and fascinating biology of these incredible creatures through an engaging, guided tour.

- **Oudtshoorn Hotel Arrival and Leisure Time**

Check in and enjoy some free time to relax or explore the hotel's facilities before the evening's **Karoo Dinner Experience**.

- **Karoo Dinner Experience**

We will enjoy an authentic Karoo dinner experience, where traditional South African hospitality meets hearty, home-style cuisine. Nestled at the foot of the Swartberg Mountains, this rustic gem offers a warm, welcoming atmosphere and breathtaking views. Feast on slow-cooked Karoo lamb, Potjiekos, Roosterkoek, and other regional favourites, all prepared with time-honoured recipes and local ingredients. It's more than just a meal—it's a celebration of culture, flavour, and the soulful spirit of the Karoo.

- **One Night Stay in Oudtshoorn**

Day 8 – Cango to Coast

"Eating well is a form of self-respect and joy shared with others." - Anon

- **Cango Cave Experience**

We delve into an awe-inspiring subterranean world at the Cango Caves, a geological wonder nestled in the Swartberg Mountains. On a guided tour, we'll marvel at the intricate limestone formations—stalactites, stalagmites, and vast caverns bringing the caves' history to life.

- **Scenic Drive from Oudtshoorn to the Outeniqua Pass, Wilderness and Sedgefield**
- **Knysna Boat Cruise with Oyster tasting to the Heads**

Upon arrival we set off on a memorable Knysna boat and oyster tour that takes you across the tranquil Knysna Lagoon and out toward the dramatic Knysna Heads. As part of the experience, indulge in a guided oyster tasting, where you'll learn about the cultivation process and savour freshly harvested local oysters, paired perfectly with a glass of white wine.

- **Leisure time exploring the Knysna Waterfront before dinner**
- **Scenic drive to George hotel**
- **George Hotel Arrival and Leisure Time**

Our scenic drive continues to George, where we will check in and enjoy some free time to relax or explore the hotel's facilities before the evening's **Gourmet Dinner Experience**.

- **Gourmet Dinner Experience**

Experience a distinctive dining experience that fuses refined cuisine with an interactive, learning-focused atmosphere. As a training ground for the South Cape Hospitality Academy, it provides aspiring chefs with the platform to demonstrate their skills in a real-world culinary setting.

- **One Night Stay in George**

Day 9 – Mountain Rail & Wildlife Safari

"Champagne and oysters: because some indulgences are just necessary" - Anon

- **Embark on a Power Van ride through the Outeniqua Mountains**

We hop aboard the Outeniqua Power Van in George for a truly unique rail experience through the breathtaking Outeniqua Mountains.

- **One-Night Stay at Botlierskop Game Reserve**

We will enjoy a memorable one-night stay at Botlierskop Game Reserve, an exclusive 5-star retreat set between the Outeniqua Mountains and the Indian Ocean.
This luxurious escape includes breakfast, lunch, and dinner, plus a **sundowner evening game drive** and a morning game drive – all with ample time to relax and soak in the serene wilderness.

Day 10 – Wine, Mountains & Farewell

"Gin and tonic: because no great story ever started with someone drinking water" - Anon

- **Local Family Vineyard – Wine Tasting & Lunch**

Your will enjoy a relaxed wine tasting and lunch at a charming family-owned vineyard, where generations of winemaking come to life through warm hospitality and scenic surroundings.

- **Back to Cape Town via Route 62**

We continue along the iconic Route 62, passing through Worcester and down the dramatic Du Toitskloof Pass, with sweeping mountain views as we make our way back to Cape Town.

- **Leisure time at the V & A Waterfront**
- **Farewell Dinner**

Our last night is spent celebrating our time together and the fun we have had at Spiced restaurant. The air will be filled with the rhythm of live tunes as plates of vibrant, expertly crafted dishes delight the palate. For the brave, the evening ends with dancing that brings everyone together in laughter and celebration. It will be a farewell rich in memories, leaving a warmth that will linger long after the music has faded.

- **One night stay near the Waterfront**

Day 11 - The Last Leg

"We should look for someone to eat and drink with before looking for something to eat and drink." — Epicurus

- **A Final Cape Town Breakfast**
- **Optional activity for late departures: Shopping time**
- **Airport Transfer**