Cape Flava

8-Day Signature Tour - 4–5★ & 5★*

Cape Peninsula, West Coast, Wineland, Safari and more...

Group size:	Age range	Experiences:	24+
4 - 12	12+	Destinations:	9

WHAT'S INCLUDED

- ✔ 7 Nights in Handpicked Luxury Accommodation
- ✔ All Meals – 7 Breakfasts, Lunches & Dinners
- ✔ Vegetarian Options Available
- ✔ All Transfers, Taxes, Gratuities & Entrance Fees
- ✔ Local Wines & Beverages with Meals*
- ✔ 5 Wine Tastings
- ✔ !Khwa ttu Nature Reserve Overnight & 2 San-Led Tours
- ✔ 1-Night Big 5 Safari (5 Star) + Game Drives & Cheetah Run
- ✔ 1 Karoo Star Experiences
- ✔ 1 Fine Dining Evening with Wine Pairing
- ✔ Bottled Water & Air-Conditioned Touring Vehicle

EXCLUDES

Flights, optional extras, minibar, and additional alcohol.

OPTIONAL ADD-ONS (AVAILABLE ON REQUEST)

Pre-Tour Hotel Stay – Arrive early with a night at the same luxury hotel near the V&A Waterfront.

Post-Tour Extension – Add extra nights at the final hotel to relax or explore further.

Flight Assistance – We can assist with international or domestic flight bookings. Flights are not included.

⭐ **FOOTNOTE**

- *!Khwa ttu is unrated but 100% 4★+ on TripAdvisor
- Bottled still/sparkling water with lunch & dinner
- *Lunch: 2 drinks | Dinner: 3 drinks (alcoholic or non-alcoholic, set menu)
- No alcohol for under 18s
- Fitness: Leisurely – short walks, vehicle access
- Not suitable for wheelchairs or walking aids

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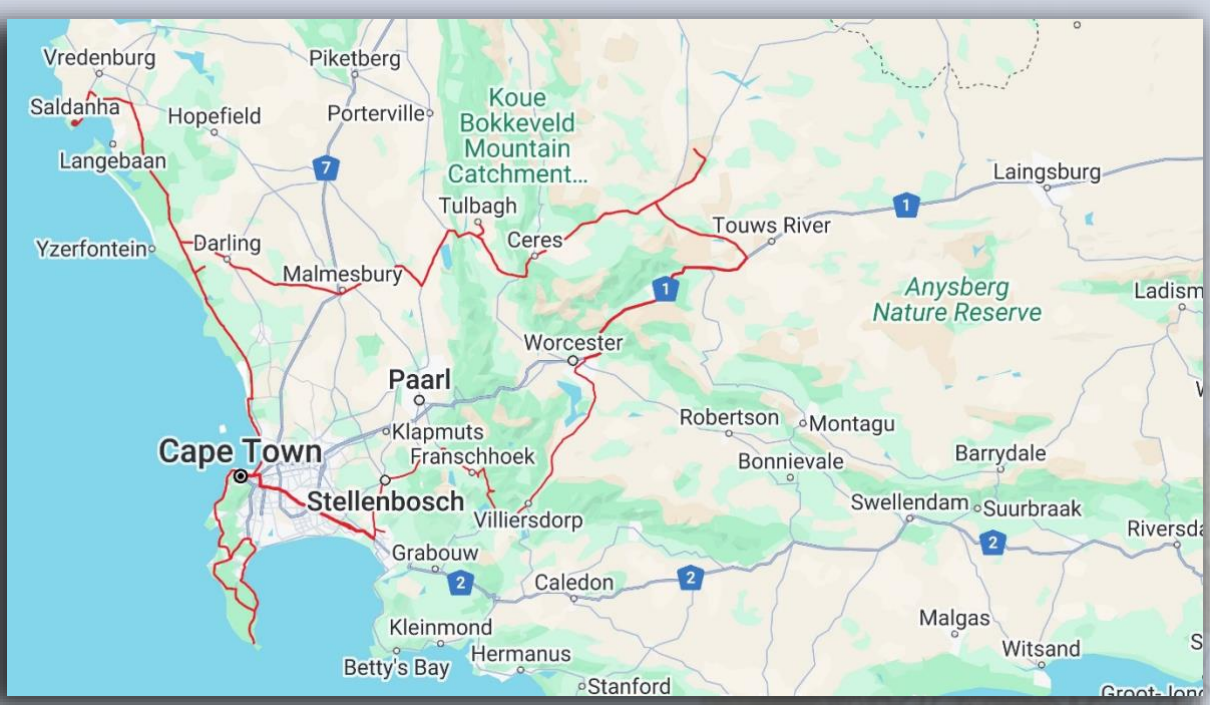

Day 1 – Welcome to Cape Town

"People who love to eat are always the best people." — Julia Child

- **Airport Transfer**

From the moment you arrive in Cape Town, we prioritise your safety, comfort and convenience, ensuring a seamless start to your holiday. We will greet you at the arrival gates and escort you to your hotel where you will get a chance to settle in and rest.

- **Leisure Time at Hotel**
- **Bo-Kaap Walking Tour**

Immerse yourself in the rich history and vibrant culture of Cape Town's Bo-Kaap neighbourhood through a leisurely guided walking tour. Renowned for its colourful houses, cobblestone streets, and celebration of the Cape Malay heritage, Bo-Kaap offers a unique glimpse into the city's diverse culture.

- **Welcome Dinner**

Savour a memorable evening enjoying a local traditional dinner. During the meal, we'll share the itinerary for the rest of the tour, leaving you eager to experience all that lies ahead.

- **Three-nights stay near the Waterfront**

Enjoy an unforgettable Three-night's stay in Cape Town, just a short distance from the iconic V&A Waterfront.

Day 2 – Tip to Table

"One cannot think well, love well, sleep well, if one has not dined well." — Virginia Woolf

- **Table Mountain Experience with VIP Fast-Track Access**

We will enjoy an effortless visit to Table Mountain with our VIP Fast-Track Access, allowing us to bypass the regular queues and ascend directly via the Aerial Cableway.

- **Cape Peninsula Tour**

Scenic drive from Table Mountain going past Green Point, Sea Point, Camps Bay, Hout Bay, Kalk Bay, Chapman's Peak Drive, Boulder Beach, Cape Point Nature Reserve and more.

- **Visit Boulders Beach, home to a thriving colony of African penguins**

We then go on to visit Boulders Beach. This picturesque spot is home to a thriving colony of African penguins, offering visitors a unique opportunity to get up close and observe these charming birds in their natural habitat.

- **Lunch at a Local Restaurant**

We will stop at one of the area's esteemed seaside seafood restaurants, where fresh catches and scenic views promise a fun and relaxed time. Here, you'll enjoy Cape Town's famous deep-fried fish and chips — a true local favourite and part of our maritime heritage."

- **Visit Cape Point and the Cape of Good Hope**

Our next stop is Cape Point and the Cape of Good Hope, which are two of South Africa's most iconic landmarks. It offers visitors magnificent views of the Atlantic Ocean and surrounding landscapes, rich history, and diverse ecosystems. When visiting, you can enjoy 360° panoramic views from the Cape Point Lighthouse and see the Cape of Good Hope, the most south-westerly point of Africa.

- **Dinner at Cape Point Vineyard**

Our last stop of the day is Cape Point Vineyards, where we will indulge in a wine tasting accompanied by a delectable cheese and charcuterie platter.

Day 3 – Walk, Taste & Connect

"Xhosa cooking is not just about the food—it's about gathering, sharing, and honouring the land." - Anon

- **Cape Town City Tour**

In the afternoon we will take a leisurely stroll through the historic part of the city which includes famous spots such as The Castle of Good Hope, City Hall and Grand Parade, Izike Slave Lodge Museum and Company's Gardens. Upon Collection at Company's Gardens, we will take a short driving tour along Long Street.

- **Beer Experience Tour at Newlands Brewery and local lunch**

Our next stop sees us visiting South Africa's oldest brewery where we will delve into the country's rich brewing heritage and savour its diverse beer offerings. Pair your tasting with a rich, full Cape Town sandwich known to the locals as a "Gatsby

- **Honey Room Tour**

Join us for an exclusive tour led by one of our local honey farmers. You'll have the opportunity to not only discover the fascinating world of bees but also indulge in the rich, flavourful honey they craft.

- **Groot Contantia, South Africa's Oldest Wine Estate**

We will be visiting Groot Constantia, South Africa's oldest wine estate, which boasts a rich blend of history, architecture, and winemaking excellence. The visit includes a guided cellar tour, a tasting of five wines of your choice, and a souvenir branded wine glass to take home.

- **Casual and Fun Dinner at a funky street food diner**

Urban Playground is a dynamic street food diner situated in Maitland, Cape Town, offering a distinctive and flavourful dining experience. Beyond being a restaurant, it serves as a learning environment, housing the Sense of Taste Chef School on its upper level. The ground floor functions as a chef's playground, providing students with hands-on practical experience.

Day 4 – West Coast Wonders

"Tell me what you eat, and I will tell you what you are." — Jean Anthelme Brillat-Savarin

- **Bloubergstrand**

We will start our day with a scenic drive to Bloubergstrand, which offers iconic views of Table Mountain and the Atlantic coastline. On arrival, you'll find plenty of opportunities to capture stunning photographs of the mountain, ocean, and surrounding landscapes.

- **Saldanha Bay Oyster Tour**

From Melkbosstrand, we head north along the R27 to Saldanha Bay, a coastal town known for fishing and its deep-water harbour. On arrival, we join The Oyster Lady for a boat tour of an oyster farm.

- **!Khwa ttu Nature Reserve Overnight experience**

After our stop in Saldanha Bay, we continue to !Khwa ttu Nature Reserve, where guests will immerse themselves in the rich heritage of the San people, surrounded by the serene landscapes of the Western Cape. Enjoy a stay in one of their beautifully appointed cabins, with lunch, dinner and a hearty breakfast – all crafted using indigenous, locally sourced ingredients. The experience includes a sundowner game drive and two authentic, San-led tours.

Day 5 – Safari & Savoury

"There is no better way to experience the wild, than with a plate full of adventure and a glass of sunset" Anon

- **Tulbagh**

We will leave !Khwa ttu Nature Reserve and journey into Tulbagh, where we will visit **Church Street**, renowned for its beautifully preserved Cape Dutch architecture.

- **Montpellier Wine Estate**

From Church Street, we will visit Montpellier Wine Estate, nestled in the heart of Tulbagh. Here you'll enjoy a delightful wine tasting that showcases their award-winning Méthode Cap Classiques, along with a selection of white and red wines.

- **One-Night Stay at Inverdoorn Game Reserve**

We will enjoy a memorable one-night stay at Inverdoorn, an exclusive luxury 5-Star game reserve nestled in the breathtaking Karoo landscape. Includes breakfast, lunches, dinner, a morning game drive and a cheetah run, a Karoo star-gazing experience, and an evening game drive with sundowners – all with plenty of leisure time to relax and soak in the surroundings.

Day 6 - Karoo to Cape Vines

"In the kitchen, magic happens ingredients transform into comfort, laughter, and life's simplest pleasures." - Anon

- **Drive to Paarl**

We will enjoy a scenic drive through Worcester, surrounded by the towering Hex River Mountains and fertile valleys filled with vineyards and orchards. Continuing via the Du Toitskloof Pass, we'll take in striking mountain scenery before descending into Paarl.

- **Fairview Cheese and Wine Tasting Experience**

We enjoy a leisurely cheese and wine tasting at Fairview, Fairview wines display the beautiful marriage of French and South African winemaking traditions.

- **Drive to Franschhoek**

We will continue from Fairview in Paarl to Franschhoek, which offers a delightful journey through the Cape Winelands.

- **Franschhoek Guided Walking Tour**

Enjoy a guided walking tour of Franschhoek, exploring its rich French Huguenot heritage, historic architecture, and charming streets lined with boutiques and galleries. Learn about the town's winemaking tradition and cultural landmarks.

- **Leisure Time to wander Franschhoek's streets**
- **Franschhoek Fine Dining Experience**

Experience fine dining in Franschhoek, where seasonal, locally sourced cuisine is paired with estate wines. Set in an elegant space with vineyard views, this local restaurant offers a refined taste of the Cape Winelands.

- **One Night Stay in Franschhoek**

Day 7 – Grapes, Gin & Goodbyes

"Food is symbolic of love when words are inadequate." - Anon

- **Scenic drive from Franschhoek to Stellenbosch**

The route offers rolling hills, vineyards, and quiet country roads framed by mountain views. It's a peaceful drive between two of South Africa's most beloved wine towns.

- **Stellenbosch Walking Tour**

We take a step back in time with a Stellenbosch walking tour that reveals the town's rich history and architectural charm. Wander through oak-lined streets and explore the well-preserved Cape Dutch, Georgian, and Victorian buildings at your own leisure before we set out for Vergenoegd Löw Wine Estate.

- **Vergenoegd Löw Wine Estate Lunch and Wine Tasting**

Savour a delightful wine tasting and lunch experience at Vergenoegd Löw Wine Estate, known for its Indian runner ducks – a suitable, eco-friendly alternative to using pesticides.

- **Leisure time at the V & A Waterfront**
- **Farewell Dinner**

Our last night is spent celebrating our time together and the fun we have had at Spiced restaurant. The air will be filled with the rhythm of live tunes as plates of vibrant, expertly crafted dishes delight the palate. For the brave, the evening ends with dancing that brings everyone together in laughter and celebration. It will be a farewell rich in memories, leaving a warmth that will linger long after the music has faded.

Day 8 - The Last Leg

"We should look for someone to eat and drink with before looking for something to eat and drink." — Epicurus

- **A Final Cape Town Breakfast**
- **Optional activities for late departures: Kirstenbosch National Botanical Garden**
- **Airport Transfer**